# **Title:** *Chaos Theory* **Author:** Nic Stone **Genre:** Romance / Mental Health

# Reviewer Name and Grade: Srisharan S., 7th Grade

# Date Reviewed: August 8th, 2024

*Chaos Theory by Nic Stone* is a teen book set in Georgia. The story's main characters are Shelbi Augustine, 16 years old who is a genius with a disorder, and Andy Criddle, who is 18 years old with grief from losing his sister and his addiction. Shelbi studies at the Windward Academy keeping her distanced from others because she has faced a lot of traumas before. Andy faces challenges because his mom is a congresswoman and he faces political ambitions. They meet each other when Andy accidentally texts Shelbi (when he was drunk). Shelbi advises him not to drink but Andy gets in a DUI accident. He does community service at Soup Kitchen. As they meet each other more often they become a good relationship to each other. The novel explores their struggles with mental health and addiction. Shelbi is intelligent, smart and kind, affected by her past, while Andy is vulnerable, caring, and determined to overcome his struggles. Through their journey, the story shows the themes of mental illness, loss, and the healing power of love. *Chaos Theory by Nic Stone* is an awesome read for teens.

#### Did the plot keep you interested?

Yes, the plot of *Chaos Theory* is engaging and emotionally compelling. The story of Andy and Shelbi overcoming their things is fantastic. The exploration of mental health, grief, is really interesting.

### Was the pace of the book just right?

The plot of the book was just right with high action moments blending with low action moments blended in the right way.

### What grade level(s) is the book appropriate for?

This book is appropriate for most Middle School students (6-9) because it is a really exciting and fun book but it tackles mental health and grief.

### What type of reader would you recommend this book to?

I would recommend this book to readers who enjoy books with mental health, action, love, and personal health.

*What other information do you think would be helpful for teens to know about this book?* In general, teens can expect a great book with topics like Mental Health, Grief, growth, and more.

#### Rating: 5 Stars

I really enjoyed "*Chaos Theory*" and the book was very action packed, lovely story, determined characters and more. The main characters were very determined, which I liked. The story was great to read. In conclusion, the book "*Chaos Theory*" had an awesome story line with a good theme.